



MARK YOUR CALENDARS!

***** FREE VOICE SCREENINGS *** FREE HEARING SCREENINGS *****

FRIDAY APRIL 17, 2015 9:00 a.m.-2:00 p.m.

Hosted by UNM Department of Speech & Hearing Sciences and the UNM Chapter of the National Student Speech-Language-Hearing Association (NSSLHA)

*World Voice Day is an international celebration to encourage people of all ages to check their vocal health. The theme for World Voice Day 2015 is **Voice: The Original Social Media!** The theme for Better Hearing & Speech Month is **Early Detection Counts!** These two together bring to light the importance of vocal health and hearing health, and, if necessary, that treatment is available.*

WHAT: Sign up for FREE Voice Screenings &/or FREE Hearing Screenings
Walk in or make an appointment by calling 277-4453

WHERE: Speech-Language Hearing Clinic
Department of Speech and Hearing Sciences
1700 Lomas NE, Suite 1300, Albuquerque, NM 87131
(SE Corner of University and Lomas)

WHEN: Friday, April 17: Appointments from 9:00 a.m. to 12:00 p.m.
(Walk-ins from 12:00-2:00)

PARKING: Park in front of UNM Speech and Hearing Sciences in the "Patient or Visitor Parking." Come inside to obtain a parking pass.

How healthy is your Voice?

- Do you drink enough fluids each day?
- Do you teach classes?
- Do you work in theatre?
- Do you work in radio or TV Broadcasting?
- Do you sing professionally (or in the bathtub?)
- Are you a cheerleader?
- Does your voice tire by the end of the day?
- Do you depend on your voice for work?

How healthy is your Hearing?

- Do you ask people to repeat themselves?
- Do you have buzzing/ringing in your ears?
- Do you have persistent discomfort after exposure to loud noise?
- Is your hearing muffled?
- Do you experience constant frustration hearing spoken words and sounds?

- **Do you avoid conversations because of your hearing?**