

*Day:*  
**Tuesday  
Evenings**

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*Dates:*  
**June 16 to July 21  
2015**

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*Time:*  
**5:00– 6:30 pm**

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*Cost:*  
**\$15.00 per session**

**Place:**

**UNM Speech and  
Hearing Sciences**

**1700 Lomas NE  
Suite 1300  
Albuquerque, NM  
87131**

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**Contact:**  
**505 277-4453**

**Kate Blaker or  
Sandy Nettleton,  
Clinic Director**

**ANNOUNCING:**  
**6 Week Summer Fluency Program**

**Stuttering Management:  
Tools, Techniques &  
Technologies**

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**FOCUS OF GROUP**

The UNM Speech & Hearing Center will be conducting a six week stuttering group for adults and adolescents. It will consist of 90 minute sessions once a week comprising both group and individual components to meet client needs. The program will utilize a cutting edge approach to stuttering that focuses on decreasing social and emotional impacts of stuttering in order to improve overall quality of life. The program is designed to improve:

- 1) Psychosocial functioning
- 2) Readiness for therapy and change
- 3) Utilization of mindfulness skills and psychological flexibility

**Kate Blaker, M.S. CCC-SLP**

Ms. Blaker received her bachelor's degree in Anthropology and her master's degree in Communication Disorders, both from UNM. As a clinic instructor, her specialty areas include neurological disorders in adults, voice, fluency and accent modification.



**Rick Arenas, Ph.D.**

Rick Arenas is an Assistant Professor in the Department of Speech and Hearing Sciences at the University of New Mexico. He received a bachelor's degree in Speech and Hearing Science, a master's degree in Speech Pathology & Audiology and a Ph.D. in Speech and Hearing Science all from the University of Iowa. His primary research interest is in developmental stuttering. In particular, he is interested in the contextual variability of stuttering. His overall goal is to translate research findings into more effective treatments for stuttering in order to lessen social and emotional impact.



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NEW MEXICO**